

**Experiential Learning**

# What is experiential learning?

* Experiential learning is the process of learning through experience

**Why should I participate in experiential learning?**

Participating in experiential learning can help your career in many ways:

* **Career research**
* **Experience for resume**
* **Develop skills**
* **Self-discovery-** some

self-knowledge may before clearer and you may learn more about your interests and work preferences

* **Networking-** you can make important connections through experiential learning

# Why is this important for my career?

**What types of opportunities exist?**

* Volunteering
* Job Shadowing
* Observing
* Taking Tours
* Co-op
* Apprenticeships (and OYAP)
* Taking hands-on classes or
* workshops
* Internships
* Informational Interviews

**What local experiential learning opportunities are available to me?**

* **Research.** You can research opportunities online. You may need to research specific programs, organizations, or companies and contact them.
* **Connect.** You will want to connect with these opportunities by contacting the appropriate people through phone calls, in-person visits, or email. Remember to be professional and polite at all times. If you are emailing, be sure you have an appropriate email address.