



Beth's Example: What does this mean?

What does all of the information you wrote in your *All About Me* chart actually mean for your career? You can find clues to your career by looking at your self-knowledge and figuring out what activities, tasks, work environments, preferences, or careers it may point to. Look at Beth's example below:

Self-Knowledge	Information	Clues to My Career
Likes/Interests	Video games, canoeing, being with friends	Careers with problem solving, hand-eye coordination, physical activity, working with people
Dislikes	History, chores, sitting through class	Not careers that involve much sitting or doing mindless, routine work
Skills	Computer skills, social skills, swimming	Careers that work with computers, people, or physical activity
What am I good at?	Math, sports, talking, listening, music	Careers with math/logic/problem solving, working with people, physical activity
Transferable Skills	Time management, communication, presenting	Teaching, customer service, I can put these skills on my resume
Motivations	Money, happiness, learning new things, solving problems	Careers that make me a lot of money, I enjoy, and involve problem solving
Work Conditions	Teamwork, outdoors, flexible	Working with people, working outdoors (parks and rec), not structured
Values	Family, money, outdoors	Have enough time for family, make money, work outdoors
Learning Styles	Visual, kinesthetic	I learn and work best visually and while doing (active workplace)
Weaknesses	Impatient, writing, history	Not work that involves much writing or patience
Successes	Enjoying what I do	I have to enjoy and be interested in what I do (look back to interests)

What else can this information mean? Add one potential clue to Beth's career for each section.