**Experiential Learning**

**What is experiential learning?** Experiential learning is learning through experience.

**Why should I participate in experiential learning?**

Participating in experiential learning can help your career in many ways:

* **Career Research.** Experiential learning is a fantastic way to learn about a career.
* **Experience for Resume.** The experience that you gain may be something you can put on your resume.
* **Develop Skills.** You may gain some awesome skills that will help you in the future.
* **Self-Discovery.** Some of your self-knowledge may become clearer and you may learn more about your interests and work preferences.
* **Networking.** You may make important connections through your experiential learning.

**What types of opportunities exist?**

* Volunteering
* Job Shadowing
* Observing
* Taking Tours
* Co-op
* Apprenticeships
* Taking hands-on classes or workshops
* Internships
* Informational Interviews

**Why is this important for my career?**

**What local experiential learning opportunities are available to me?**

* **Research**. You can research opportunities online. You may need to research specific programs, organizations, or companies and contact them.
* **Connect.** You will want to connect with these opportunities by contacting the appropriate people through phone calls, in-person visits, or email. Remember to be professional and polite at all times. If you are emailing, be sure you have an appropriate email address.