Y-Opportunities

Skills building and employment supports for individuals with unique needs

Y Opportunities is an employment program that assists individuals with self-identified disabilities who face barriers to employment. Our program is designed to help participants discover new skills and refine existing ones towards labour market integration. Over an 6 week period we provide supports that include needs assessments, counselling, case management and employability and skills building workshops. Upon completion, we match participants with a paid job opportunity and provide additional supports to encourage long-term job retention.

Requirements

WEEKS 1-6

Group and individual-based employment preparation assistance based on life and employability skills and self-directed goals

WEEKS 7-18

Paid job opportunity with tailored supports provided to both participants and employers

Eligibility

Participants must:

- Be 18-65
- Not be enrolled in school
- be legally entitled to work in Canada
- Have a self-identified disability
- not be currently collecting Employment Insurance
- Be able to commit to 30 hours a week during duration of the program

For Program information and Application please contact

Heather Torti, Program Coordinator 519 256-7330 ext. 279 | Heather.Torti@swo.ymca.ca

This project is funded in part by the Government of Canada.

Canada