Beth’s Example - What Does This Mean?

What does all of the information you wrote in your *All about Me* chart actually mean for your career? You can find clues to your career by looking at your self-knowledge and figuring out what activities, tasks, work environments, preferences, or careers it may point to. Look at Beth’s example below:

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| --- | --- | --- |
| **Self-Knowledge** | **Information** | **Clues to my Career** |
| Likes/Interests | Video games, canoeing, being with friends | Careers with problem solving, hand-eye coordination, physical activity, working with people, |
| Dislikes | History, chores, sitting through class | Not careers that involve much sitting or doing mindless, routine work, |
| Skills | Computer skills, social skills, swimming | Careers that work with computers, people, or physical activity, |
| What am I Good at? | Math, sports, talking, listening, music, video games | Careers with math/logic/problem solving, working with people, physical activity, |
| Transferable Skills | Time management, communication, presenting | Teaching, customer service, I can put these skills on my resume, |
| Motivations | Money, happiness, learning new things, solving problems | Careers that make me a lot of money, I enjoy, involve problem solving, |
| Work Conditions | Teamwork, outdoors, flexible | Working with people, working outdoors (parks and rec?), not structured, |
| Values | Family, money, outdoors | Have enough time for family, make money, work outdoors, |
| Learning Styles | Visual, kineasthetic | I learn and work best visually and while doing (active workplace), |
| Weaknesses | Impatient, writing, history | Not work that involves much writing or patience |
| Success | Enjoying what I do | I have to enjoy and be interested in what I do (look back to interests), |

What else can this information mean? Add one potential clue to Beth’s career for each section.