



CAREER PROFILES

Massage Therapists:

Massage Therapists assess soft tissues and joints of the body for treatment and prevention of dysfunction, injury, pain and physical disorders.

Wage/Salary Information:

\$47,400 is the median annual salary found in local job-postings.

\$25.54/hour is the median wage reported locally.

Commonly Listed Skills in Job Postings:

- Oral and written communication
- Team player
- Marketing
- High Energy
- Organizational skills
- Self-motivated
- Integrity
- Strong interpersonal skills
- Problem solving
- Manual dexterity
- Orthotics
- Detail oriented
- Customer service oriented
- Work ethics
- Record keeping
- Highly motivated
- Quality improvement
- Creativity
- Administrative support
- Work independently

Job Duties:

Massage Therapists assess clients by conducting range of motion and muscle tests and propose treatment plans and explain procedures, risks and benefits to clients. Massage Therapists administer massage techniques, treating soft tissues and joints of the body through soft tissue manipulation, relaxation techniques, hydrotherapy, trigger point therapy, joint pain and lower grade mobilizations, remedial exercise programs and client self-help programs. They suggest home care instructions and provide information about techniques for further postural improvement and stretching, strengthening, relaxation and rehabilitative exercises.

and maintain records of treatments given. Massage Therapists may consult with other health care professionals such as physiotherapists, chiropractors, physicians and psychologists when developing treatment plans for clients. Massage Therapists are also often trained in various specialized massage techniques.

Working Conditions:

Workers typically work a regular 35- to 40-hour week. Work hours generally depend on the business hours of health-care practices. For example, some workers may be required to work evenings and weekends to accommodate the needs of patients, while others work part-time. Emergencies can also arise, although less often than in other health-care fields.

Working conditions vary for individuals in this group, depending on the specific occupation. The work of massage Therapists and Physical Rehabilitation Technicians can be physically demanding since these workers use their arms and hands for massaging and stand for long periods of time.

Workers in these groups are increasingly required to use computers.

Career Pathways:

Massage Therapists work in private practice, including group or team practices, hospitals, clinics, extended care facilities, rehabilitation centres and educational institutions. Below are potential career pathways for Massage Therapists:

- Massage Therapist
- Masso Kinesitherapist
- Massotherapist
- Myotherapist
- Orthotherapist
- Registered Massage Practitioner
- Registered Massage Therapist
- Thai Massage Therapist

Check out more possible career pathways on [WEexplore](#).

Education and Training Pathways:

Massage therapists usually require completion of an 18- to 24-month or 18- to 36-month program in massage therapy from an accredited school and a period of supervised practical training. Registration with a regulatory body is required in Ontario.

There is currently no formal post-secondary training program for this career offered locally. Employers may provide on the job training to teach the skills and competencies needed for the job.

Disclaimer: *The educational institution reserves the right to change information without notice, and may result in discrepancies between their information and the information presented above. If any errors are found, please report them to info@workforcewindsor Essex.com.*